

Student Name _____

University ID # _____

Advisor Name _____

Bulletin Year: _____

EXERCISE SCIENCE COURSES IN THE MAJOR (63 credit hours)						
Course Title	Course	Cr. Hrs.	Transfer/ Substitution Course	Transfer/ Substitution Cr. Hrs.	Grade	Notes
Learning Community HPER-L135 (for new students + transfers with <15 hrs)	HPER-L 135	1				
First Aid and Emergency Care	HPER-H 160	3				
Microcomputer Applications in Physical Education	HPER-P 200	3				
Introduction to Exercise Science	HPER-P 212	3				
Principles & Practice of Exercise Science	HPER-P 215	3				
Nutrition for Health	HPER-N 220	3				
Performance & Teaching of Cardiovascular Sports	HPER-P 244	2				
Performance & Teaching of Resistance Training	HPER-P 245	2				
Performance & Teaching Activities for Persons with Disabilities	HPER-P 258	1				
Individual Sports (at Camp Brosius)	HPER-P 271	1				
Dynamics of Camp Leadership (at Camp Brosius)	HPER-R 275	2				
Personal Health	HPER-H 363	3				
Progressive Resistance Exercise & Sport Conditioning	HPER-P 373	3				
Basic Electrocardiogram for Exercise Sciences	HPER-P 374	2				
Biomechanics	HPER-P 391	3				
Professional Practice Programs in Physical Education, Health, and Recreation (Internship)	HPER-P 393	7				
Rhythmic Aerobic Training	HPER-P 403	3				
Introduction to Sport Psychology	HPER-P 405	3				
Basic Physiology of Exercise	HPER-P 409	3				
Physical Activity Programming for Individuals with Disabilities and Other Special Populations	HPER-P 410	3				
Fitness Testing & Interpretation	HPER-P 419	3				
Internship in Exercise Science	HPER-P 443	3				
Motor Learning	HPER-P 452	3				

ELECTIVES (optional)						
Course Title	Course	Cr. Hrs.	Transfer Course	Transfer Cr. Hrs.	Grade	Notes

General Education Requirements (55 credit hours)						
HUMANITIES (18 credit hours)						
Course Title	General Education Courses	Cr. Hrs.	Transfer/Substitution Course	Transfer/Substitution Cr. Hrs.	Grade	Notes
Elementary Composition I (grade of C or higher required)	ENG-W 131	3			Min grade of C or higher	
Professional Writing Skills or Business Communication (grade of C or higher required)	ENG-W 231 or BUS-X 204	3			Min grade of C or higher	
Speech/Communication (grade of C or higher required)	COMM-R 110	3			Min grade of C or higher	
ELECTIVE HUMANITIES (9 hours) - Select at least one course outside of Communication/English- <i>Select from:</i> Art, Classical Studies, Communication, English, Folklore, Foreign Language, these dance courses (HPER-D 101/D 332/D 441); HPER-P 402 Sport Ethics; HPER-P 411 Legal Aspects/Risk Mgmt in Sport Settings; Journalism, Music, Philosophy, Religion.						
		3				
		3				
		3				

LIFE AND PHYSICAL SCIENCES (28 credit hours)						
Course Title	Course	Cr. Hrs.	Transfer/Substitution	Transfer/Substitution Cr.	Grade	Notes
Algebra & Trigonometry I	MATH 153	3				
Algebra & Trigonometry II If you place into math >154, you do not need to take math	MATH 154	3				
Human Anatomy	BIOL-N 261	5				
Human Physiology	BIOL-N 217	5				
Principles of Chemistry I	CHEM-C 105	3				
Principles of Chemistry I Lab	CHEM-C 125	2				
Physics	PHYS-P 218	4				
Statistics	STAT 301 or PSY-B305	3				

SOCIAL & BEHAVIORAL SCIENCES (9 credit hours)						
Course Title	Course	Cr. Hrs.	Transfer Course	Transfer Cr. Hrs.	Grade	Notes
Psychology as a Social Science	PSY-B 104	3				
Lifespan Human Development	PSY-B 310	3				
Elective (3 cr.)- <i>Select from:</i> Anthropology, Economics, Geography (non-physical), History, Organizational Leadership, Political Science, Sociology, Women's Studies.		3				

Course Title	Course	Cr. Hrs.	Transfer Course	Transfer Cr. Hrs.	Grade	Notes
Principles of Chemistry II	CHEM-C 106	3				
Experimental Chemistry Lab II	CHEM-C 126	2				
Physics	PHYS-P 219	4				

Courses That Do Not Count Towards 124 or 127 Credit Hours Needed For Degree									
Course/	Transfer	Cr. Hrs.	Grade	Notes	Course/	Cr. Hrs.	Grade	Notes	
Course					Transfer Course				

	Courses	Cr. Hrs.	Grades
I/R Grades			

Credit Hours	124
Do Not Count	0
I/R Grades	0
Total Credit Hours	124

Cr. Hrs. Needed to Reach 124 Cr. Hrs.	0
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Credit Hours	127
Do Not Count	0
I/R Grades	0
Total Credit Hours	127

Cr. Hrs. Needed to Reach 127 Cr. Hrs.	0
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Graduation GPA Requirement Met (2.2 or higher)
Residency Requirement
 Completed at least 30 cr. hrs. of the last 60 cr. hrs. while a PETM student and the 30 cr. hrs. should include either one 12 cr. hr. regular semester or two 6 cr. hr. summer sessions.

Approved By (Department) _____ Date _____

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