

Student Name _____

University ID # _____

Advisor Name _____

Bulletin Year: _____

EXERCISE SCIENCE COURSES (63 credit hours)						
Course Title	Course	Cr. Hrs.	Transfer/ Substitution Course	Transfer/ Substitution Cr. Hrs.	Grade	Notes
Learning Community HPER-L 135 (for new students + transfers with <15 hrs)	HPER-L 135	1				
First Aid and Emergency Care	HPER-H 160	3				
Computer Applications in Physical Education	HPER-P 200	3				
Introduction to Exercise Science	HPER-P 212	3				
Principles and Practice of Exercise Science	HPER-P 215	3				
Human Nutrition	HPER-N 220	3				
Performance & Teaching of Cardiovascular Fitness	HPER-P 244	2				
Performance & Teaching of Resistance Training	HPER-P 245	2				
Performance & Teaching of Activities for Persons with Disabilities	HPER-P 258	1				
Lifetime Sports (at Camp Brosius)	HPER-P 271	1				
Dynamics-Camp Leadership (at Camp Brosius)	HPER-R 275	2				
Personal Health	HPER-H 363	3				
Progressive Resistance Exercise & Sports Conditioning	HPER-P 373	3				
Basic Electrocardiogram for Exercise Sciences	HPER-P 374	2				
Biomechanics	HPER-P 391	3				
Professional Practice in Physical Education, Health, and Recreation (Internship)	HPER-P 393	7				
Rhythmic Aerobic Training	HPER-P403	3				
Introduction to Sport Psychology	HPER-P 405	3				
Basic Physiology of Exercise	HPER-P 409	3				
Physical Activity Programming for Individuals with Disabilities and Other Special Populations	HPER-P 410	3				
Fitness Testing & Interpretation	HPER-P 419	3				
Internship in Exercise Science	HPER-P 443	3				
Motor Learning	HPER-P 452	3				

GENERAL EDUCATION REQUIREMENTS (54 credit hours)						
HUMANITIES (14 credit hours)						
Course Title	General Education Courses	Cr. Hrs.	Transfer/ Substitution Course	Transfer/ Substitution Cr. Hrs.	Grade	Notes
Elementary Composition I (grade of C or higher required)	ENG-W 131	3			Min grade of C or higher	
Professional Writing Skills or Business Comm (grade of C or higher required)	ENG-W 231 or BUS-X 204	3			Min grade of C or higher	
Speech Communication (grade of C or better required)	COMM-R 110	3			Min grade of C or higher	
Medical Terminology	CLAS-C 209	2				
ELECTIVE HUMANITIES - Select at least one course outside of Communication/English- Select from: Art, Classical Studies, Communication, English, Folklore, Foreign Language, these dance courses (HPER-D 101/D 332/D 441); HPER-P 402 Sport Ethics; HPER-P 411 Legal Aspects/Risk Mgmt in Sport Settings; Journalism, Music, Philosophy, Religion		3				

SCIENCES & MATH (28-31 credit hours)						
Course Title	Course	Cr. Hrs.	Transfer/ Substitution	Transfer/ Substitution Cr.	Grade	Notes
Algebra & Trigonometry I If you place into math >154, you do not need to take math	MATH 153	3				
Algebra & Trigonometry II	MATH 154	3				
Principles of Chemistry I	CHEM-C 105	3				
Principles of Chemistry I Lab	CHEM-C 125	2				
General Physics I	PHYS-P 218	4				
Human Anatomy	BIOL-N 261	5				
Human Physiology	BIOL-N 217	5				
Statistics	STAT 301 or PSY-B305	3				

SOCIAL AND BEHAVIORAL SCIENCES (12 credit hours)						
Course Title	Course	Cr. Hrs.	Transfer Course	Transfer Cr. Hrs.	Grade	Notes
Psychology as a Social Science	PSY-B 104	3				
Life Span Development	PSY-B 310	3				
Abnormal Psychology	PSY-B 380	3				
Elective (3 cr.)- <i>Select from:</i> Anthropology, Economics, Geography (non-physical), History, Organizational Leadership, Political Science, Sociology, Women's Studies; NOT Psychology		3				

ELECTIVES (optional)						
Course Title	Course	Cr. Hrs.	Transfer Course	Transfer Cr. Hrs.	Grade	Notes

Courses That Do Not Count Towards 124 Credit Hours Needed For Degree							
Course/ Transfer Course	Cr. Hrs.	Grade	Notes	Course/ Transfer Course	Cr. Hrs.	Grade	Notes

	Courses	Cr. Hrs.	Grades
I/R Grades			

Credit Hours	124
Do Not Count	0
I/R Grades	0
Total Credit Hours	124
Cr. Hrs. Needed to Reach 124 Cr. Hrs.	0

Graduation GPA Requirement Met (2.2 or higher)
Residency Requirement
 Completed at least 30 cr. hrs. of the last 60 cr. hrs. while a PETM student and the 30 cr. hrs. should include either one 12 cr. hr. regular semester or two 6 cr. hr. summer sessions.

Approved By (Department) _____ Date _____

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